

# **THE NCLA PR/PROGRAMMING DIVISION PRESENTS:**

## **Using Programming to Fight Loneliness and Social Isolation**



**Date: Tuesday, March 22 at 2:00 PM**

**Location: Zoom**

Loneliness and social isolation are rampant in America, according to many experts, exacerbated by COVID. The Center for Disease Control calls loneliness an epidemic, and says it has a higher morbidity rate than obesity (about the same as smoking two packs of cigarettes a day). Tony Iovino, Assistant Director of the Oceanside Library, will discuss how libraries can use programming to address this significant mental (and physical) health condition.

The Oceanside Library has created a program to combat social isolation/loneliness. The program, Connections, crosses all demographics and includes passive as well as active programming.

The presentation will address:

- Identification of existing programs which have an anti-loneliness component in them
- Creation of programs which have anti-loneliness as a key function
- Adjusting programs to have an anti-loneliness component
- Dealing with COVID-related issues

**Register here: <https://ncla.wildapricot.org/event-4722807>**

**NCLA Members: Free    Non-Members: \$15.00**

**CEUs will be awarded.**

**Questions? Email Roseann Acosta at [racosta@hicksvillelibrary.org](mailto:racosta@hicksvillelibrary.org)**