

**MEDLI / NCLA Health Services Committee
Present**

The Pandemic's Impact on Mental Health

**Tuesday, November 29, 2022
2 PM—3 PM
Zoom Meeting (Hosted by NCLA)**

Presenter: Liat Jarkon, DO, MPH, Associate Professor, NYITCOM

The COVID-19 pandemic had a significant influence on mental health. Much has been extremely detrimental, including a steep rise in mental health diagnoses across all demographics. For example, here on Long Island we have seen reports of rising adolescent depression worsened by the pandemic. However, the pandemic's impact has also led to a new understanding of mental health, its relationship to physical health, its significance in our society, and the need to offer more practical and transparent solutions.

Dr. Liat Jarkon is an experienced and respected psychiatrist specializing in child, adolescent, and adult psychiatry and has been in private practice for 30 years. She received her DO from NYITCOM and her MPH from Columbia University. Dr. Jarkon joined the NYITCOM faculty in 2017 and played an instrumental role in launching the Center for Behavior Health, which opened in September 2019. Dr. Jarkon is now the Center's director.

Free to all participants

MEDLI Business Meeting to follow; all welcome

Professional Development Hours (NCLA): .10 CEUs

Registration: <https://ncla.wildapricot.org/event-4993637/Registration>

Any questions? Please contact Claire Joseph, claire.joseph@snch.org OR
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